



South Florida Healthcare Institute CNA Blended 4 Week Course Schedule

Week 1		
Day 1	Online Theory	4 Hours
Section 1 - Orientation Overview		
Chapter 1	Welcome To The Course	
Chapter 2	Your Role	
Chapter 3	Issues of Aging	
Chapter 4	Communication	
Chapter 5	Legal and Ethical Responsibilities	
Chapter 6	The Healthcare Team	
Day 2	Online Theory	4 Hours
Chapter 7	Your Workplace	
Chapter 8	Introduction to Test Preparation	
Chapter 9	The Final Word	
Section 2 - Lily		
Chapter 1	Admissions	
Chapter 2	Vital Signs and the Physical Exam	
Chapter 3	Overview of Injuries, Surgery and the Musculoskeletal Disorders	
Chapter 4	Wound Care and Infection Control, Part 1	
Day 3	Online Theory	4 Hours
Chapter 5	Infection Control, Part 2	
Chapter 6	Positioning, Rehabilitative and Restorative Care	
Chapter 7	Bed Baths, Transfers and Discharges	
Chapter 8	Test Preparation	
Chapter 9	Review of Section 2	
Section 3 - Frank		
Chapter 1	The Care Plan and Documentation	
Chapter 2	Reporting and Recording Objective and Subjective Information	
Day 4	Online Theory	4 Hours
Chapter 3	Respiratory Support	
Chapter 4	Supporting Cardiovascular Care	
Chapter 5	Supporting Care for Cancer	
Chapter 6	Care for a Bedridden Resident	
Chapter 7	Hospice and Palliative Care	
Chapter 8	Emergency Care and End of Life	
Chapter 9	Test Preparation	
Chapter 10	Review of Section 3	

	Day 5	Online Theory	4 Hours
		Section 4 - Helen	
	Chapter 1	Working with Challenging Residents	
	Chapter 2	Living with HIV	
	Chapter 3	Grooming	
	Chapter 4	The Compromised Immune System	
	Chapter 5	The Infection Cycle and Facility-Based Infection Prevention Control	
	Chapter 7	Restraints and Residents' Rights	
	Chapter 8	Test Preparation	
	Chapter 9	Review of Section 4	
Week 2	Day 6	Online Theory	4 Hours
		Section 5 - Martha	
	Chapter 1	Introduction to Diabetes and Obesity	
	Chapter 2	Digestive System and Blood Glucose Management	
	Chapter 3	Mealtimes, Special Diets and Nutrition	
	Chapter 4	Foot Care, Exercise and Range of Motion	
	Chapter 5	Working with Residents with Hearing or Visual Impairments	
	Chapter 6	Pressure Ulcers	
	Chapter 7	Morning, Afternoon and Night	
	Day 7	Online Theory	4 Hours
	Chapter 8	Revising the Care Plan	
	Chapter 9	Test Preparation	
	Chapter 10	Review of Section 5	
		Section 6 - Timothy	
	Chapter 1	Assisted Living and Resident Sexuality	
	Chapter 2	Introduction: Timothy's Stroke and Change in Condition	
	Chapter 3	Working with a Depressed Resident	
	Chapter 4	ADL: Toileting, Bathing and Catheter Care	
	Chapter 5		
	Chapter 6	Mealtimes	
	Day 8	Online Theory	4 Hours
	Chapter 7	Rehabilitative and Restorative Care	
Chapter 8	Test Preparation		
Chapter 9	Review of Section 6		
	Section 7 - Stuart		
Chapter 1	Introduction to Dementia and Alzheimer's Disease		
Chapter 2	Care for Moderate Alzheimer's Disease - Part 1		
Chapter 3	Care for Moderate Alzheimer's Disease - Part 2		
Chapter 4	Care for Moderate Alzheimer's Disease - Part 3		

	Chapter 5	Care for Severe Alzheimer's Disease - Part 1	
	Chapter 6	Care for Severe Alzheimer's Disease - Part 2	
	Day 9	Online Theory	4 Hours
	Chapter 7	Additional Care Measures for the Bladder and Bowels	
	Chapter 8	Death	
	Chapter 9	Test Preparation	
	Chapter 10	Review of Section 7	
		Section 8 - Michelle	
	Chapter 1	Introduction to Developmental Disabilities	
	Chapter 2	The Urinary System	
	Chapter 3	Dialysis	
	Chapter 4	Suspected Abuse	
	Chapter 5	Reporting Abuse	
	Chapter 6	Test Preparation	
	Chapter 7	Review of Section 8	
	Day 10	Online Theory	4 Hours
		Section 9 - Beth	
	Chapter 1	Introduction to the Reproductive System	
	Chapter 2	Pain, Shift Change, Wound Care and Infection Control	
		Section 10 - Test Preparation	
	Chapter 1	Welcome to Section 10	
Chapter 2	Practice Test 10 A		
Chapter 3	Preparing for Clinicals		
Week 3	Day 11	Lab Skills	8 Hours
	Day 12	Lab Skills	8 Hours
	Day 13	Lab Skills	8 Hours
	Day 14	Lab Skills	8 Hours
	Day 15	Lab Skills	8 Hours
Week 4	Day 16	Clinicals	8 Hours
	Day 17	Clinicals	8 Hours
	Day 18	Clinicals	8 Hours
	Day 19	Clinicals	8 Hours

	Day 20	Clinicals	8 Hours
		Total Hours for Online Theory Portion of the Course	40 Hours
		Total Lab/Skills Hours	40 Hours
		Total Clinical Hours	40 Hours
		Course Hours (Theory/Skills Lab/Clinical)	120 Hours