

AHA Instructor Course

The Instructor Course is designed to prepare AHA instructors to disseminate the science, skills, and philosophy of the resuscitation programs to participants enrolled in AHA courses.

Instructor Candidate Prerequisites

Be identified as demonstrating instructor potential by showing:

- A strong desire to teach
- Excellent CPR Performance and Problem-Solving Skills
- Able to follow directions and follow through with tasks
- Able to communicate effectively in front of a group
- Current (unexpired) American Heart Association (AHA) Provider Card and student manual for the discipline you wish to teach
- Be willing to complete all Instructor Pre-Course Requirements, as outlined below
- Agree to teach a minimum of two courses per year
- Complete phone interview to discuss interest in becoming an instructor

Instructor Course Pre-Requisites and Registration Process

After registration, you will be required to complete the American Heart Association Instructor Essentials Online Course and bring the certificate of completion with you to class. We will provide you with a course URL keycode to access the Instructor Essentials Online Course once registration and payment is received. Additionally, you will be provided with an Instructor Course Manual, and you will bring this to class. **The cost of the Instructor Essentials online course and the Instructor Manual are included in the instructor class fees. The course DVD and course supplies/equipment are not included in the price.

- NEW INSTRUCTOR COURSE FEE:
 - BLS/Heartsaver \$435.00
- TRANSFER INSTRUCTOR COURSE FEE:
 - \$150.00
 - Instructor & Student Manuals are not included as you should have manuals from your previous training center

You must bring the current AHA Instructor and Student Manual with you to class. There are no other class texts or materials required. If you purchase the books through us at the time of registration, all materials will be available prior to class. If you do not have them at class, you are subject to being dismissed from class without refund.

Please note: All registrations for the AHA Instructor classes are final and non-refundable for any reason.

Monitoring and Mentoring

Each instructor candidate is required to be monitored teaching a course at an HSC facility upon completion of the Instructor course. The monitoring process is facilitated by Health Science Consulting (HSC) and must be completed within 90 days. The Training Center will not issue an Instructor card until a satisfactory monitoring has been done. A second and third monitoring may be required. This is not recommended as a punitive measure, but as part of our mentoring process to ensure all instructors are proficient and feel completely comfortable to teach all courses offered by the AHA.

Affiliating with Health Science Consulting

If you are requesting affiliation with Health Science Consulting, you will be asked to sign an agreement. This agreement contains the following provisions:

- There is an alignment fee of \$150 due annually in January, and payable at the beginning of the calendar year. Invoices will be sent out by email.
- You will pay for all of your AHA eCards when teaching independently using the HSC Enrollware system. BLS eCards are \$10.00 and Heartsaver eCards are \$20.00.
- You will agree to teach a minimum of 2 classes per year per discipline.
- You will agree to attend an annual Instructor Update. Advanced notice will be provided.
- You will agree to abide by all American Heart Association and FL Health Science Consulting policies and procedures.
- You will agree to be monitored teaching a class at least once per year.
- You will retain all class records in HSC's online portal.

Please visit our class schedule at www.HealthScienceConsulting.com for complete registration information, and current course pricing.

How to Prepare for the AHA Instructor Course:

1. Complete the AHA BLS/Heartsaver Instructor Essentials course and print out the completion certificate to bring to your instructor training session (you must have this certificate submitted to FL Health Science Consulting in order to attend the instructor training session.). Allow at least two hours to complete this course.
2. Complete the Instructor Candidate Application and bring to your Instructor Course. Form will be provided upon registration.
3. Bring your current CPR certification provider card and student manual.
4. Bring your instructor manual.
5. Prepare for your teaching prompt that will be given to you prior to class. Each student will teach 3-5 minutes on a given topic.
6. Practice, practice, practice your skills! The Instructor Manual contains a skill check-off sheet that you will use to evaluate your own students. Skills are explained step by step. Study the skills check list, practice the skills yourself, you can even practice watching a friend performing the skill and check off the steps they have performed correctly as they do the skill. An additional way to practice is by watching the AHA videos. You can also observe a course by contacting FL Health Science Consulting. Students who cannot correctly perform these skills at the beginning of the instructor course will not be permitted to continue the course and will be asked to attend the next session.
7. Read through your entire AHA Instructor Manual.
8. Read through your entire AHA Student Manual.

Post Instructor Training Requirements & AHA Training Center Alignment

- The AHA disclaimer states: The American Heart Association promotes knowledge and proficiency in BLS, ACLS, PALS and First Aid and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA and any fees charged for such a course does not represent income to the association.
- eCards must be paid for in advance. Please allow 2-3 business days for the cards to arrive in your American Heart Association Instructor Network eCard inventory. It is your responsibility to order and issue your cards in a timely manner. We highly encourage you to order early and to keep cards in stock.