

American Heart Association
Health Educational Services

ACLS

Course

Guidelines



**American
Heart
Association®**

**AUTHORIZED
TRAINING
C E N T E R**



Please review the following **IMPORTANT INFORMATION.**

*** You will be practicing skills that require working on your hands and knees, bending, standing and lifting. Please wear loose, comfortable clothing to class. Please inform one of the instructors when you arrive for class if you have any physical conditions that might prevent these activities. The instructor will work to accommodate your needs within the stated course completion requirements. ***

Course Registration:

Registration for all courses is through Health Educational Services. For questions about registration, contact the Health Educational Services via email at registration@healthedservices.com, or call 831-424-1867.

Attendance:

Late arrivals, ten (10) minutes or more, are NOT accommodated. Walk-ins are NOT allowed and are directed to register for the next available class.

Registration Verification:

Participants are to initial next to their name on the printed course roster to indicate that their name and email address is spelled correctly. Verification may alternatively be verified via electronic media. *It is the responsibility of the participant to correct any spelling errors and/or to notify the course lead instructor/designee of any misinformation.* All certification cards will be electronically issued through the American Heart Association.

Pre-test:

It is a requirement of the American Heart Association that all participants submit the appropriate pre-course self-assessment score report upon arrival to class. The passing score is 70%. The PALS pre-course self-assessment is available by accessing the following URL: www.heart.org/eccstudent Code = acls15

To avoid computer or printing delays which could result in not being able to attend class, it is recommended that the pre-course self-assessment be completed prior to the night before class.

Course Materials:

All participants are required to have their own copy of the current ACLS Provider Manual. You may purchase a copy from Health Educational Services, or you can obtain a copy from your employer if they have a system in place to borrow one.

You may purchase the 2015 *Hand book of Emergency Cardiovascular Core* for (\$25.00) to use as a reference guide at the ACLS practice stations.

How to Access the **ACLS** Mandatory Self- Assessment

1. Access the website at: www.heart.org/eccstudent
2. Enter code from manual: **ACLS15**
3. Click submit button

Welcome to the American Heart Association

WELCOME
to the American Heart Association

WELCOME to the American Heart Association Student Website!

Please enter the code found at the bottom of page ii in the front of your course manual to access the student supplementary materials for your course. These materials are provided to give you additional information you may find helpful for the course. ACLS and PALS also include a Precourse Self-Assessment that is required for entry into the course. A score of 70% or higher is necessary to pass and print your report.

The 2010 Guidelines ACLS Course materials, including the 2010 ACLS Student Website, were discontinued on May 31, 2016. For information on accessing the 2015 Guidelines ACLS Student Website, please contact your AHA Instructor or Training Center.

The 2010 Guidelines PALS Course materials, including the 2010 PALS Student Website, were discontinued on December 6, 2016. For information on accessing the 2015 Guidelines PALS Student Website, please contact your AHA Instructor or Training Center.

ACLS15

Submit



MANDATORY SELF-ASSESSMENT

The AHA Student Website includes PDF and Flash content. If your computer is not already configured to view these forms of content, you may download the Mac or PC version of [Adobe Reader](#) and Adobe Flash Player free from [adobe.com](#). If you have Adobe Reader or Flash Player installed and are still having issues, please make sure you have the latest version.

NOTE: If you need to enlarge the text or images in the Precourse Self-Assessment, use your software's zoom feature; if it's still not viewable, contact your training center for assistance.

ATTENTION

Before launching the Precourse Self-Assessment:

- Please make sure your computer is connected to a working printer.
- You **MUST** complete the entire Precourse Self-Assessment in one sitting.
- Attempting to save your results and print them at a later time or from a different computer will lead to the loss of your results.

You MUST print your results upon completion, from the same computer used to take the assessment.

Launch

Additional Resources

[Student Website Support PDF \(opens new window\)](#) | [ACLS Supplementary Material PDF \(opens new window\)](#) | [ACLS Precourse Preparation Checklist PDF \(opens new window\)](#)

Videos

Airway Management Video



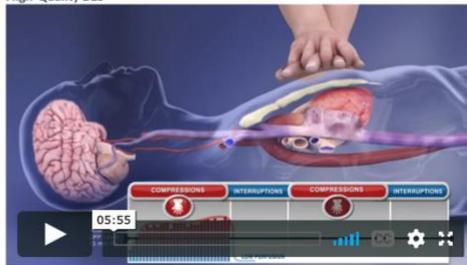
Stroke Video



ACS Video



High-Quality BLS



Welcome to the Health Educational Services Advanced Cardiac Life Support Course

How to get ready:

Because the ACLS course covers an extensive amount of material in a short time, it is strongly recommended that you prepare for the course in advance.

Pre-course Requirements:

1. Complete the Pre-Course Preparation checklist on page 5 and bring it on the day of class.
2. Review and understand the information in your ACLS Provider Manual paying particular attention to the 10 core cases in presented in Part 5.
3. Review your BLS skills to refresh your knowledge of the information. You will be tested on Adult one and two rescuer CPR and AED skills. You are not taught how to perform CPR or how to use an AED, you must know this in advance.
4. Review, understand and complete the ECG and Pharmacology pre-course self-assessment found on the ACLS Student website at www.heart.org/eccstudent Code=acls15. Print the pre-course self-assessment score report and bring it with you to class.

What the update course does not cover:

This **ACLS** update (renewal) course does not teach resuscitation algorithms, ECG interpretation or pharmacology information. If you do not possess knowledge of the ECG and pharmacology information included on the pre-course self-assessment, it is unlikely that you can successfully complete the ACLS update (renewal) course.

What to bring:

Your **ACLS** course materials (Provider Manual with Pocket Guides). Your Manual is used during each course lesson and if purchased, the *Hand book of Emergency Cardiovascular Care for Healthcare Providers* may be used as a reference while at practice stations during the course.

If you have any questions, please contact Health Educational Services:
Howard Main; howard@healthedservices.com; 831-424-1867 x101

ACLS Update (Renewal)

This **ACLS Update (Renewal) course is 8 hours in length.**

Topics to be covered:

- Course Introduction
- Overview of ACLS Science
- BLS Practice & Competency Testing
- Rhythm Disturbances/ Electrical Therapy
- Resuscitation Team Concepts
- Systematic Approach to Resuscitation
- Course Summary & Testing Details
- Written Tests
 - Skills Validation
 - Remediation, as needed

The ACLS Renewal Course is divided into multiple lessons. The lessons utilize hands-on practice as well as DVD-based programs. This format provides significantly more time for practice and demonstration of skills than previous formats.

