

# HeartCode® ACLS Skills Testing Checklist

Student Name: \_\_\_\_\_ Test Date: \_\_\_\_\_

HeartCode ACLS Bag-Mask Ventilation Testing Checklist Performance Guidelines and Critical Actions	✓ if done correctly
<b>BLS Survey and Interventions</b>	
Checks for responsiveness • Taps and shouts, “Are you all right?” <i>and</i> • Scans chest for movement (5-10 seconds)	
Activates the emergency response system • Activates the emergency response system and gets the AED <i>or</i> • Directs second rescuer to activate the emergency response system and get the AED	
Checks carotid pulse (5-10 seconds). Notes that pulse is present Does not initiate chest compressions or attach AED Performs ventilations at the correct rate of 1 breath every 5-6 seconds (10-12 breaths per minute)	
<b>ACLS Survey Case Skills</b>	
Inserts oropharyngeal or nasopharyngeal airway	
Administers oxygen	
Performs correct bag-mask ventilation for 1 minute	
<b>Critical Actions</b>	
Effectively ventilates with a bag-mask device for 1 minute	
Gives proper ventilation—rate and volume	

Skill Step	HeartCode ACLS CPR Testing Checklist 1-Rescuer CPR Test Critical Performance Steps	✓ if done correctly
<b>1</b>	Checks for responsiveness: <i>Taps and shouts, “Are you all right?” and scans the chest for movement (5-10 seconds)</i>	
<b>2</b>	Tells someone to activate the emergency response system and get an AED	
<b>3</b>	Checks carotid pulse ( <i>minimum 5 seconds; maximum 10 seconds</i> )	
<b>4</b>	Bares patient’s chest and locates CPR hand position	
<b>5</b>	Delivers first cycle of compressions at correct rate ( <i>acceptable: 18 seconds or less for 30 compressions</i> )	
<b>6</b>	Gives 2 breaths (1 second each)	
<b>7</b>	Delivers second cycle of compressions at correct hand position ( <i>acceptable: greater than 23 of 30 compressions</i> )	
<b>8</b>	Gives 2 breaths (1 second each) with visible chest rise	
<i>The next step is performed only if the manikin is equipped with a feedback device, such as a clicker or light. If there is no feedback device, STOP THE TEST.</i>		
<b>9</b>	Delivers third cycle of compressions of adequate depth with complete chest recoil ( <i>acceptable: greater than 23 compressions</i> )	

### STOP TEST

Test Summary	Circle P or NR to Indicate Pass or Needs Remediation:	P	NR
<b>Pass = Steps all checked (done correctly)</b> <b>NR = Needs remediation</b>			
<b>1-Rescuer CPR</b>		<b>1-Rescuer Bag-Mask Ventilation</b>	
Pass	NR	Pass	NR
Instructor signature affirms that skills tests were done according to AHA Guidelines. <i>Save this sheet with course record.</i>		Instructor Signature: _____ Print Instructor Name: _____ Date: _____	