



Heartsaver Pediatric First Aid with CPR & AED Skills Practice/Testing Session [HSPFACPRAED-2020s]

This course is for non-healthcare providers who have completed Part 1 of the American Heart Association Online Heartsaver Pediatric First Aid CPR/AED program and just need the Parts 2 & 3: Hands-on practice/testing session. Students must [email us](#) their AHA Online Course Completion Certificate upon enrollment. This is required for entry into this session.

Includes:

- Hand-on Skills Practice/Testing session with AHA Instructor
- American Heart Association Course Completion eCard

Course Length: Skills Practice/Testing Session is (1-2 hours)

Location

- 25 Indian Rock Road, Suite 25 (The Commons Plaza) Windham, NH 03087

Audience

The Heartsaver Pediatric First Aid CPR AED course is designed to meet the training needs of childcare providers in almost all U.S. states while also being a comprehensive resource for parents, grandparents, teachers, babysitters or anyone responsible for the safety of children. Combining online and hands-on skill components, this one-stop-shop course teaches childcare providers and parents critical first aid, CPR and AED skills.

Responding to injuries and illnesses is the most common situation childcare providers face, but it's important to quickly assess which ones are minor and which carry the urgency of a life-threatening emergency. Heartsaver courses from AHA offer: a cohesive, consistent experience for the learner, best practices to give students the best possible learning experience and help them better retain information, enhanced and realistic scenarios, while providing course and content flexibility.

WHO SHOULD TAKE THE COURSE?

Companies with a workforce where Pediatric First Aid CPR AED training may prove invaluable for the safety of both their employees and customers (childcare workers, teachers, foster care workers, camp counselors, coaches, etc.). The general public that desires to be prepared for an emergency in any setting (parents, grandparents, babysitters and guardians).

Course Learning Objectives:

After successfully completing this course, students should be able to:

- List the duties, roles, and responsibilities of a first aid rescuer
- Describe the 4 key steps in pediatric first aid: prevent, protect, assess, and act
- Remove protective gloves (skill students will demonstrate)
- Find the problem (skill students will demonstrate)
- Describe the assessment and first aid actions for the following life-threatening conditions: difficulty breathing, choking, severe bleeding, and shock
- Control bleeding and bandaging (skills students will demonstrate)
- Use an epinephrine pen (skill students will demonstrate)
- Recognize elements of common illnesses and injuries

Rev. 1.0

- Describe how to find information on preventing illness and injury
- Describe the risks of smoking and vaping and the benefits of a healthy lifestyle
- Describe how high-quality CPR improves survival
- Explain the concepts of the Chain of Survival
- Recognize when someone needs CPR
- Perform high-quality CPR for all age groups
- Describe how to perform CPR with help from others
- Give effective breaths by using mouth-to-mouth or a mask for all age groups
- Demonstrate how to use an AED on children and adults
- Describe when and how to help someone who is choking
- Recognize the legal questions that apply to first aid rescuers
- Pediatric First Aid Basics (bleeding/bandaging, allergic reactions, use an epinephrine pen, bites, stings, drowning, burns, asthma, and more)

COURSE DELIVERY

The hands-on skills practice and testing session is conducted in-person with one of our AHA instructors.

Course Completion eCard (Electronic Card)

Upon successful completion of the entire course, students receive an American Heart Association course completion eCard that is valid for two years. This eCard will be issued via email within 48 hours upon successful completion of the course (no waiting for card to arrive in the mail). We're excited to announce that students are now able to claim their eCard via SMS text! Students can opt to receive a text message to claim and view their eCard by texting "eCard" to the number "51736."

Lesson	Duration (in minutes)
Lesson 1: Introduction	5
Lesson 2: Child CPR AED	15
Lesson 3: Child CPR Skills Test	12
Lesson 4: Infant CPR	22
Lesson 5: Infant CPR Skills Test	12
Lesson 6: Relief of Choking in a Responsive Infant	7
Lesson 7: Pediatric First Aid	16
Lesson 8: Prevention Strategies	2
Lesson 9: Conclusion	2

Every five years the American Heart Association publishes the most recent recommendations on cardiovascular care based on scientific studies. 10/21/20 was the most recent update. Educational Critical Care Concepts courses are taught in accordance with the latest updates.

The American Heart Association (AHA) strongly promotes knowledge & proficiency in BLS, ACLS, & PALS & has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association. Any fees charged for a course, except for a portion of fees needed for AHA course material; do not represent income to the Association.

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