



Heartsaver Pediatric First Aid with CPR & AED eLearning Course with Skills Practice/Testing Session [HSPFACPRAED-2020e] Online Blended eLearning Program

This course is for non-healthcare providers who wish to complete their Heartsaver Pediatric First Aid with CPR & AED course completion using the American Heart Association Online Heartsaver Pediatric First Aid with CPR & AED eLearning Program with Hands-on Practice/Testing session.

Includes:

- AHA Online access URL link (received immediately upon enrollment)
- Hand-on Skills Practice/Testing session with AHA Instructor
- American Heart Association Course Completion eCard

Course Length: Online Program (1-2 hours), Skills Practice/Testing Session is (1-2 hours)

Location

- 25 Indian Rock Road, Suite 25 (The Commons Plaza) Windham, NH 03087

Audience

The Heartsaver Pediatric First Aid CPR AED course is designed to meet the training needs of childcare providers in almost all U.S. states while also being a comprehensive resource for parents, grandparents, teachers, babysitters or anyone responsible for the safety of children. Combining online and hands-on skill components, this one-stop-shop course teaches childcare providers and parents critical first aid, CPR and AED skills.

Responding to injuries and illnesses is the most common situation childcare providers face, but it's important to quickly assess which ones are minor and which carry the urgency of a life-threatening emergency. Heartsaver courses from AHA offer: a cohesive, consistent experience for the learner, best practices to give students the best possible learning experience and help them better retain information, enhanced and realistic scenarios, while providing course and content flexibility.

Heartsaver Pediatric CPR/AED eLearning Program Description

WHO SHOULD TAKE THE COURSE?

Companies with a workforce where Pediatric First Aid CPR AED training may prove invaluable for the safety of both their employees and customers (childcare workers, teachers, foster care workers, camp counselors, coaches, etc.). The general public that desires to be prepared for an emergency in any setting (parents, grandparents, babysitters and guardians).

Course Learning Objectives:

After successfully completing this course, students should be able to:

- List the duties, roles, and responsibilities of a first aid rescuer
- Describe the 4 key steps in pediatric first aid: prevent, protect, assess, and act
- Remove protective gloves (skill students will demonstrate)
- Find the problem (skill students will demonstrate)
- Describe the assessment and first aid actions for the following life-threatening conditions: difficulty breathing, choking, severe bleeding, and shock

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- Control bleeding and bandaging (skills students will demonstrate)
- Use an epinephrine pen (skill students will demonstrate)
- Recognize elements of common illnesses and injuries
- Describe how to find information on preventing illness and injury
- Describe the risks of smoking and vaping and the benefits of a healthy lifestyle
- Describe how high-quality CPR improves survival
- Explain the concepts of the Chain of Survival
- Recognize when someone needs CPR
- Perform high-quality CPR for all age groups
- Describe how to perform CPR with help from others
- Give effective breaths by using mouth-to-mouth or a mask for all age groups
- Demonstrate how to use an AED on children and adults
- Describe when and how to help someone who is choking
- Recognize the legal questions that apply to first aid rescuers
- Pediatric First Aid Basics (bleeding/bandaging, allergic reactions, use an epinephrine pen, bites, stings, drowning, burns, asthma, and more)

COURSE DELIVERY

Blended Learning: Heartsaver blended courses include an online portion and a hands-on portion. The online portion can be completed at work, at home, or wherever you have internet access. The hands-on skills practice and testing session is conducted in-person with one of our AHA instructors.

Technical Requirements

Platforms that support eBooks and course digital videos

Online browsers:

- Chrome – Version 70 and above
- Firefox – Version 65 and above
- Safari – Version 12 and above
- Internet Explorer – Version 11 and above
- iOS device browsers – Version 11 and above
- Android device browsers – Version 9.0 and above

Apps:

- iOS App: AHA eBook Reader app can be installed on iPhones and iPads with iOS version 11 and above.
- Android App: AHA eBook Reader app can be installed on tablets and smartphones with Androids OS version 9.0 and above.
- Mac App: AHA eBook Reader app can be installed macOS version 10.12 Sierra and above.

Note: To ensure the best website and app functionality, please make sure to use the most recent browser version or operating system. The website and app may be accessed on older versions, but functionality may not be optimal. Please refer to elearning.heart.org for specific course technical requirements.

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Course Completion eCard (Electronic Card)

Upon successful completion of the entire course, students receive an American Heart Association course completion eCard that is valid for two years. This eCard will be issued via email within 48 hours upon successful completion of the course (no waiting for card to arrive in the mail). We're excited to announce that students are now able to claim their eCard via SMS text! Students can opt to receive a text message to claim and view their eCard by texting "eCard" to the number "51736."

Lesson	Duration (in minutes)
Lesson 1: Introduction	5
Lesson 2: Child CPR AED	15
Lesson 3: Child CPR Skills Test	12
Lesson 4: Infant CPR	22
Lesson 5: Infant CPR Skills Test	12
Lesson 6: Relief of Choking in a Responsive Infant	7
Lesson 7: Pediatric First Aid	16
Lesson 8: Prevention Strategies	2
Lesson 9: Conclusion	2

Every five years the American Heart Association publishes the most recent recommendations on cardiovascular care based on scientific studies. 10/21/20 was the most recent update. Educational Critical Care Concepts courses are taught in accordance with the latest updates.

The American Heart Association (AHA) strongly promotes knowledge & proficiency in BLS, ACLS, & PALS & has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association. Any fees charged for a course, except for a portion of fees needed for AHA course material; do not represent income to the Association.

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