

# Heartsaver Multi Student Checklist

## Adult - CPR AED Skills



### Students

Student 1:		Student 6:	
Student 2:			
Student 3:		Student 7:	
Student 4:		Student 8:	
Student 5:		Student 9:	

Heartsaver checkoff testing maximum of 6 students per session.

### Adult – CPR AED Skills

*Scenario: “You arrive at the scene for a suspected cardiac arrest. No bystander CPR has been provided. You approach the scene and ensure that it is safe. Demonstrate what you would do next.”*

Pass = ✓, X or P ; NR = (Needed Remediation)

Student Number	1	2	3	4	5	6	7	8	9
<b>Assessment and Activation</b>									
Checks responsiveness									
Shouts for help /Sends someone to phone 9-1-1 & get an AED									
Checks breathing									
<i>Once student shouts for help, instructor says, “Here’s the barrier device. I am going to phone 9-1-1 and get the AED.”</i>									
<b>Adult Compressions - Performs High Quality Compressions - Cycle 1 of CPR (30:2)</b>									
Hand placement on lower half of breastbone									
Gives 30 compressions in no less than 15 and no more than 18 seconds									
Compresses at least 2 inches (5cm)									
Complete recoil after each compression									
<b>Adult Breaths - Gives 2 breaths with a barrier device</b>									
Each breath given over 1 second									
Visible chest rise with each breath									
Gives 2 breaths in less than 10 seconds									
<b>Cycle 2 of CPR (repeats steps in Cycle 1) (Only check box if step is successfully performed)</b>									
Gives 30 high-quality compressions									
Gives 2 effective breaths									
<i>Instructor says “Here is the AED.”</i>									
<b>AED (follows prompts of AED)</b>									
Powers on AED									
Correctly attaches pads									
Clears for analysis									
Clears to safely deliver a shock									
Presses button to deliver shock									
Student immediately resumes compressions									
<b>Cycle 3 of CPR (repeats steps in Cycle 1) (Only check box if step is successfully performed)</b>									
Gives 30 high-quality compressions									
Gives 2 effective breaths									

A student specific sheet must be included in the class paperwork for any student that has a NR (Needed Remediation) for any section.

### INSTRUCTOR AFFIRMS THAT ALL SKILLS TESTS WERE DONE ACCORDING TO AHA GUIDELINES

Instructor Initials:

Instructor Number:

Date:

# Heartsaver Multi Student Checklist

## Child - CPR Skills



### Students

Student 1:		Student 6:	
Student 2:			
Student 3:		Student 7:	
Student 4:		Student 8:	
Student 5:		Student 9:	

Heartsaver checkoff testing maximum of 6 students per session.

### Child – CPR Skills

Scenario: “You are at a park and notice a child suddenly collapse. The scene is safe, but you do not have a cell phone or AED nearby. Demonstrate what you would do next.”

Pass = ✓, X or P ; NR = (Needed Remediation)

Student Number	1	2	3	4	5	6	7	8	9
<b>Assessment and Activation</b>									
Checks responsiveness									
Shouts for help /Sends someone to phone 9-1-1									
Checks breathing									
<i>Once student shouts for help, instructor says, “Here is the barrier device. I am going to phone 9-1-1.”</i>									
<b>Child Compressions - performs High Quality Compressions - Cycle 1 of CPR (30:2)</b>									
Hand placement on lower half of breastbone									
Gives 30 compressions in no less than 15 and no more than 18 seconds									
Compresses at least one third the depth of the chest, approximately 2 inches (5cm)									
Complete recoil after each compression									
<b>Child Breaths - Gives 2 breaths with a barrier device</b>									
Each breath given over 1 second									
Visible chest rise with each breath									
Gives 2 breaths in less than 10 seconds									
<b>Cycle 2 of CPR (repeats steps in Cycle 1) (Only check box if step is successfully performed)</b>									
Gives 30 high-quality compressions									
Gives 2 effective breaths									
<b>Cycle 3 of CPR (repeats steps in Cycle 1) (Only check box if step is successfully performed)</b>									
Gives 30 high-quality compressions									
Gives 2 effective breaths									
<i>Instructor says, “EMS has arrived and is taking over”</i>									

A student specific sheet must be included in the class paperwork for any student that has a NR (Needed Remediation) for any section.

### INSTRUCTOR AFFIRMS THAT ALL SKILLS TESTS WERE DONE ACCORDING TO AHA GUIDELINES

Instructor Initials:

Instructor Number:

Date:

# Heartsaver Multi Student Checklist

## Infant - CPR Skills



### Students

Student 1:		Student 6:	
Student 2:			
Student 3:		Student 7:	
Student 4:		Student 8:	
Student 5:		Student 9:	

Heartsaver checkoff testing maximum of 6 students per session.

### Infant – CPR Skills

*Scenario: “While you are pushing a baby in a stroller at the park, you notice something is wrong with the baby. You do not have a phone nearby. You ensure that the scene is safe and take the baby out of the stroller. Demonstrate what you would do next.”*

Pass = ✓, X or P ; NR = (Needed Remediation)

Student Number	1	2	3	4	5	6	7	8	9
<b>Assesses and Shouts for Help</b>									
Checks responsiveness									
Shouts for help									
Checks breathing									
<i>Once student shouts for help, instructor says, “No one is around to help.”</i>									
<b>Infant Compressions – Performs High Quality Compressions- Cycle 1 of CPR (30:2)</b>									
Uses 2 fingers of 1 hand or 2 thumbs, or the heel of 1 hand, to give compressions in the center of the chest, just below the nipple line									
Gives 30 compressions in no less than 15 and no more than 18 seconds									
Compresses at least one third the depth of the chest, about 1 ½ inches (4cm)									
Complete recoil after each compression									
<b>Infant Breaths - Gives 2 breaths with a barrier device</b>									
Each breath given over 1 second									
Visible chest rise with each breath									
Gives 2 breaths in less than 10 seconds									
<b>Cycle 2 of CPR (re eats steps in Cycle 1) (Only check box if step is successfully performed)</b>									
Gives 30 high-quality compressions									
Gives 2 effective breaths									
<b>Cycle 3 of CPR (re eats steps in Cycle 1) (Only check box if step is successfully performed)</b>									
Gives 30 high-quality compressions									
Gives 2 effective breaths									
<i>Instructor says, “You have just completed 5 sets of 30 compressions and 2 breaths.”</i>									
<b>Activates Emergency Response System (9-1-1)</b>									
Verbalizes the need to leave to phone 9-1-1									

A student specific sheet must be included in the class paperwork for any student that has a NR (Needed Remediation) for any section.

### INSTRUCTOR AFFIRMS THAT ALL SKILLS TESTS WERE DONE ACCORDING TO AHA GUIDELINES

Instructor Initials:

Instructor Number:

Date: