### Sample Agenda for HeartCode® PALS Course With Optional Lesson

Student-instructor ratio 6:1; approximately 5 hours 30 minutes

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| Time | Lesson |
| 8:00-8:05 | **Course Introduction** |
| 8:05-9:05 | **Lessons 1A and 1B:** BLS Testing Stations   * Child High-Quality BLS Test (30 minutes) * Infant High-Quality BLS Test (30 minutes) |
| 9:05-9:25 | **Lesson 1C:** Learning/Testing Station: Child and Infant Choking (Optional) |
| 9:25-9:45 | **Lesson 2A:** Learning Station: Airway Management |
| 9:45-10:05 | **Lesson 2B:** Learning Station: Vascular Access |
| 10:05-10:15 | **Break** |
| 10:15-10:35 | **Lesson 2C:** Learning Station: Rhythm Disturbances/Electrical Therapy |
| 10:35-10:55 | **Lesson 3: Learning Station: Coping With Death (Optional)** |
| 10:55-11:45 | **Lesson 4:** Case Scenario Practice With Simulations (2) |
| 11:45-12:35 | **Lesson 5:** Case Scenario Testing (2) |
| 12:35-1:30 | **Class ends and remediation** |